

# Shopping List

## Produce

---

- 2 sweet potatoes
- 1 pound Brussels sprouts
- 1 red onion

## Meat/Poultry

---

- 4 chicken thighs, bone-in

## Center aisles\*

---

- Quinoa, white or tricolor
- 16 ounces vegetable broth, without salt (or water)
- Canola oil
- Kosher salt
- Pepper
- Balsamic vinegar
- Italian seasoning
- Paprika

*\*You may already have some of these items in your pantry*